



### Comedy Xplosion

Morale, Welfare and Recreation presents the "Comedy Xplosion," at 8 p.m., Feb. 22, at Pershing Community Center. Doors open at 7 p.m.

Hosted by Stacy Hall, the show features comedians Howie Bell and Kool Bubba Ice from BET's Comic View and P. Diddy's Bad Boys of Comedy. The show is intended for mature audiences only.

Tickets are \$15 in advance or \$20 the day of the show. Cost includes appetizers. Tickets are available at Information, Ticketing and Registration in Bldg. 100, Davidson Fitness Center or the MWR Special Events Office in Bldg. 1000. For more information, call 596.6912.



### Kid's Trout Derby

The annual Kid's Trout Derby is scheduled from 11 a.m. to 2 p.m., Feb. 23, at Stone Mill Spring Recreation Area.

The event is free for anglers ages 15 and younger. Children need to be accompanied by a parent or guardian during the event.

The event is open to the public. A limited number of fishing poles are available.

For more information, call 596.4223.



### Candy Gram

Friday is the deadline to order a Valentine's Day Candy Gram from Better Opportunities for Single Servicemembers.

Order a card and candy for \$3, or add a flower for an additional \$2. Deliveries will be made on post on Valentines Day.

For more information, call 596.4398.

### Polar Bear Plunge

There's still time to sign up and hit the water to raise money for Special Olympics Missouri during the annual Polar Bear Plunge and Polar Bear 5K Strut, Feb. 23, at Osage Beach, Mo.

Participants who raise at least \$50 dress in costume and take a dip in the Lake of the Ozarks.

To register or for more information, visit [www.somo.org](http://www.somo.org).

myguidon.com



Thursday, February 7, 2008

GUIDON

Section C Page 1



# Love, Lake Style

## Warm up winter with romantic views at Lake of the Ozarks

Special to GUIDON

**F**or a romantic rendezvous, a wonderful wedding or a heavenly honeymoon, the Lake of the Ozarks provides a potentially perfect setting.

Sure, the lake is a popular destination for families, fishermen and golfers. But more and more couples are discovering — and coming back to — the Lake of the Ozarks to spark or rekindle romance. And with Valentine's Day on the way, followed a few weeks later by the return of spring, now is an ideal time to heat things up with a winter getaway just for two.

### Winter Wedding

What could be more romantic than a fairytale wedding by the lake? Throughout the area, couples can find a variety of settings to make their wedding dreams come true. For example, the Inn at



Photos courtesy of the Missouri Division of Tourism

**Whether at dawn, sunset or midday, the Lake of the Ozarks offers romantic views for couples on their honeymoon, celebrating an anniversary or Valentine's Day.**

Harbour Ridge, a bed-and-breakfast in Osage Beach, recently was named a top wedding destination by Missouri Life magazine.

Guest rooms have names like the "Love Nest," "Happily Ever After" and "A Roll In The Hay." Romantics can get things going with the Inn's Proposal Package, including silk rose petals, fresh flowers, chocolate truffles, soft robes, a flickering fireplace

and private hot tub.

Sue Westenhaver, who owns the Inn with her husband, Ron, also does wedding planning. Enjoy a cozy fireplace or the lovely wedding gazebo which can provide a gorgeous backdrop for small ceremonies. The next morning you'll enjoy an award-winning breakfast in bed.

Tan-Tar-A Resort in Osage Beach is another popular lake-area wedding spot. Wedding coordinator Susan Miller said the resort hosts more than 40

weddings a year, from a private ceremony for two to a gala event with 250 guests. For smaller weddings, up to 30 people, many couples like to hold the ceremony in the resort's Little Stone Chapel by the Lake.

"A lot of couples ... like to be married outdoors with the lake for a backdrop, especially when there's a spectacular sunset," Miller said.

Miller helps couples plan their ceremonies and receptions at Tan-Tar-A. What's

more, the bride and her attendants can enjoy being pampered at the resort's Windjammer Spa & Salon.

Probably the most unusual setting for a wedding at the lake is Bridal Cave in Camdenton. The cave gets its name from an Osage Indian legend involving a kidnapping, a suicidal leap off an Ozarks cliff and a wedding ceremony held inside a cave — thereafter named Bridal Cave.

The attraction continues to live up to its name, hosting more than 2,070 weddings in its Bridal Chapel since 1949, according to David Thomas, superintendent.

"We average about 40 weddings a year," he said. "Couples come from all over Missouri and the United States and even from overseas to get married here."

The cave formations make wedding pictures something special, Thomas said.

Bridal Cave is open year-round.

### Permission to Play

If you're already hitched but your love life could use a lift, you also ought to consider

See **LAKE**, Page C2



## 'Great American Game Show' authors have been creating comedic murder-mystery events for more than 20 years

By **Matt Decker**

Leisure/Sports editor

When you ask co-creator Ken Freehill about the "Great American Game Show," he quickly points out that its initials spell "GAGS."

"It's very humorous, with a lot of comedy and a lot of puns," Freehill said. "When our victims 'die,' we don't care if they're laughing — we call those 'death spasms.'"

The murder-mystery-inspired dinner and interactive show, which debuts Friday for Morale, Welfare and Recreation employees and continues with a performance open to the public on Saturday, is the product of decades of creative effort and theater expertise by Freehill



and Darryl Allara, the co-founders of Command Promotions International.

Based in Dallas, the company specializes in murder-mystery shows — and produces a

### How to be a game show gumshoe:

■ A private viewing of "The Great American Game Show" exclusively for MWR employees and their family members is scheduled from 6 to 9 p.m., Friday, at Audie Murphy's Community Center. The show is free, with a dinner option available for \$6.95 per person.

■ The show continues from 6 to 9 p.m., Saturday, with a performance available to the public. Tickets are \$15, and includes a yankee pot roast dinner.

■ Tickets are available at the Information, Ticketing and Registration office at the main gate in Building 100, at the Special Events Office in Building 1000 on South Dakota Avenue, and at Audie Murphy's Community Center.

■ For more information, call 596.0148, 596.6913 or visit [fortleonardwoodmwr.com](http://fortleonardwoodmwr.com).

variety of other shows and events — for both civilian and military audiences.

"We've been doing these for more than 20 years," Freehill said. "We actually started out in

Hollywood as a murder-mystery company."

The company also has a longtime association with Army. A Vietnam veteran, Allara was introduced to the-

ater when he trained at Fort Sam Houston, Texas, as a helicopter medic. He produced his first show while working with a MASH unit, organizing a production of "Sorry, Wrong Number" using a flatbed truck for a stage and several jeeps parked at different levels for stage lights.

"He found out much later that he was written up at the Pentagon as the first person to put on a live drama in a war zone," Freehill said.

The show got the attention of the Army Entertainment Division chief for Southeast Asia, and soon Allara was touring south Vietnam performing the musical, "Stop the World, I

See **GAME SHOW**, Page C2





# Game Show

From Page C1

Want To Get Off.”

After the war, Allara and Freehill met in the theater department at the University of Arizona at Tucson, and formed their company 10 years later. In addition to producing shows, for the last 15 years they have worked with the Army Entertainment Festival of Performing Arts.

“We go to installations and review activities; that takes us all over the world,” Freehill said.

The “Great American Game Show,” has its beginnings in 2000, when Allara and Freehill were hired to write a murder-mystery show for Fort Campbell, Ky. The show was a hit, and later the duo were writing shows for other installations.

“Then, we were asked to go to Europe to do this. We weren’t able to write a new show in a week, so we had to develop a show with one script — or I should say one premise, because we don’t really use a script,” Freehill said.

What became the “Great American Game Show,” traveled through installations in Germany and Italy before coming back to the states. Freehill said that because it is based on a premise, each show is different.

“We created a situation and a cast of characters that, with a few exceptions, are ageless and genderless, because we never knew who was going to show up,” Freehill said. “We’ve had a cast as small as 12 and as large as 47.”

Cast members aren’t necessarily given lines to learn, but must memorize certain facts about their characters that can serve as clues. Audience members also have a starring role in the production and can appear as their own characters.

“One thing we do is, when people arrive, they are asked to put on a nametag — but not their own name,” Freehill said. “They can wear a nametag as Arnold Swarzenegger or Marilyn Monroe, for example. So, they may not know who they are talking to before the game begins. We give them permission to play.”

The show takes place as a game show begins auditions for contestants. At some point in the show, a crime takes place that audience members will have to help solve.

“The audience won’t simply be observers, but will play an active part in solving the crime later on,” Freehill said. “Audiences will be able to ask questions, and at the end of the evening will be given a time frame to write down ‘who done it’ and why, using clues that have been posted on a clue board.”

Audiences turn in their suspicions, and when the perpetrators are eventually revealed, the audience member with the best guess is awarded a prize. But Freehill said figuring out “who done it” isn’t necessarily easy. He said even if MWR employees attended both Friday’s and Saturday’s events, they would see very different shows.

“Every show is different because the audience is the main character,” he said. “They can lead the show in different directions.”

For more information about the show, call 596.0148, 596.6913 or visit [fortleonardwoodmwr.com](http://fortleonardwoodmwr.com).

# Lake

From Page C1

a romantic getaway to the Lake of the Ozarks.

Again, Harbour Ridge comes to the rescue. Named “one of the Best Undiscovered Inns for Romance,” by the Web site [www.BnBfinder.com](http://www.BnBfinder.com), Harbour Ridge’s “Happy Hearts” special includes two nights in a romantic guestroom with a private hot tub, fresh flowers, dinner for two at a local restaurant, a shopping spree at the Osage Beach Premium Outlets, breakfasts, a turndown truffle and “lots of special happy heart extras,” Westenhaver said.

Another romantic hideaway is the Cliff House Bed & Breakfast in Osage Beach, Mo. Innkeeper Gary Brooks said, “We’re fortunate that we’re in a very scenic location with the sunset right across the lake.”

Brooks notes each of the Inn’s three suites has its own entrance and deck access, and two have cozy fireplaces.

“We get a lot of honeymooners and couples who like to celebrate their anniversaries here,” he said. “It’s a romantic, laid-back setting. You can have all the privacy you want.”

Garden House Bed & Breakfast in Rocky Mount advertises itself as the place “Where Romance Blossoms” and “The finer things in life await you and your loved one.” Innkeeper Lillian Meyer said her B&B includes “the finest linens and china ... gourmet food and fantastic views” of the lake.

Meyer also can arrange massages and a romantic boat ride for two.

Other lake-area B&Bs include Buck Creek in Laurie, Mo., Bass & Baskets and Ginger Point in Lake Ozark, Mo., and Castlevue in



Courtesy photo

From luxury resorts to cozy bed-and-breakfasts, the Lake of the Ozarks has a variety of romantic hideaways, many with special offers and packages for couples.

Camdenton, Mo.

## Romantic Resorts

Perhaps you prefer a romantic getaway to a vacation condo on the lake or in the woods. Then Lake Ozark Vacations/PMG’s “Winter Romance Getaway” is for you. This specially priced package features a beautiful one-bedroom condo with a fireplace, deck and whirlpool, welcoming flowers and chocolates, and dinner at a lake-area restaurant.

At the Eagle’s Nest Resort in Sunrise Beach, lovers are invited to “run away to your hideaway,” said owner Sky Johnson. The resort’s “Love at the Lake Romantic Special” includes lodging in a deluxe condo with a whirlpool, champagne and chocolates, and dinner at a charming local restaurant.

The Kapilana Resort in

Osage Beach also offers condo lodging with its “Days of Wine & Roses” package. The deal includes two nights’ stay with a welcoming toasty fire in the fireplace, fresh flowers and a gourmet gift basket, plus engraved wine glasses and lunch or dinner at the area winery/microbrewery.

For couples who enjoy the resort scene, The Resort at Port Arrowhead in Lake Ozark offers two specials. “Romance for Two” includes a night in a lake-view room with a king-sized bed and whirlpool, a welcome bottle of champagne and gourmet gift basket, plus breakfast for two in the room or the award-winning Portside Restaurant. “Just the Two of Us” features two nights lodging, chocolate-covered strawberries and champagne upon arrival, breakfast in the Portside Restaurant or in the room each morning and a 30-minute in-room massage for two.

Honeymooners and long-time-marrieds can also enjoy Tan-Tar-A’s honeymoon/anniversary special. The package

includes two nights in a deluxe Lake-view room, champagne, breakfast buffet and dinner each evening, plus a special souvenir gift.

At the Country Club Hotel & Spa in Lake Ozark, “Your key to a romantic getaway” includes champagne and chocolate-covered strawberries upon arrival at your luxurious suite, in-room breakfast, dinner at the acclaimed Bourbon Street Grill, plus a voucher for a free coupon book at Osage Beach Premium Outlets.

Hopeless romantics are invited to indulge themselves at the Lodge of Four Seasons in Lake Ozark. Its “Romance at the Lodge” package includes two nights lodging, dinner for two at the award-winning HK’s restaurant, breakfast both mornings, souvenir bathrobes, a 50-minute Couples Massage at Spa Shiki and a one-hour scenic cruise in season.

For more information about the lake, contact the Lake of the Ozarks Convention & Visitor Bureau at 800.386.5253, or visit [www.funlake.com](http://www.funlake.com).



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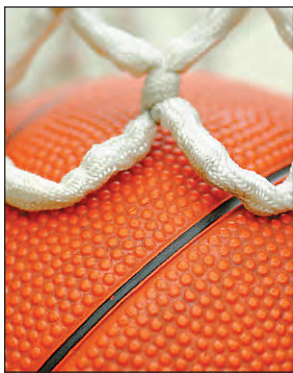
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### MST Military Appreciation

Missouri University of Science and Technology in Rolla has scheduled its annual

Military Appreciation Basketball event, Saturday, as the Division II Miners and Lady Miners basketball teams play back-to-back at Gale Bullman Multi-Purpose Building.

The Lady Miners are scheduled to take on Great Lakes Valley Conference foes Rockhurst at 1 p.m. The Miners follow at 3 p.m. against Rockhurst.

Admission is free with a military ID. For more information, visit MST online at [sports.mst.edu](http://sports.mst.edu).



### Self defense

Gain confidence and learn basic self-defense techniques to protect yourself from 11 a.m. to 2 p.m., Feb. 9, at Davidson Fitness Center.

The course is open to women 16 years and older. Children ages 13 to 15 may attend with an adult. The course is open to the public. Cost is \$5 per person. For more information, call 596.4359.



### Sweetheart Bowl

Purchase one game of bowling and receive a free game for your sweetheart, Feb. 14, at Daugherty Bowling Center. Rates are \$2.50 per game and \$1.50 for shoe rental.

For more information, call 596.1498.

### Team tryouts

Girls ages 12 to 17 can try out for the Shotcallers Midwest traveling team from 10 a.m. to 1 p.m., Saturday, at Swift Gym.

For more information, call coach Douglas Padgett at 573.452.2445 or 915.329.6974 or visit [www.eteamz.com/MIDWESTSHOTCALLERS](http://www.eteamz.com/MIDWESTSHOTCALLERS).

# Sports

Thursday, February 7, 2008

GUIDON

Section C Page 3

## WHS wrestlers win OC championship



**Waynesville sophomore Aaron Morgan puts an opponent in a hold. Morgan became the 112-pound weight class champion by defeating Blane Shockley of Rolla 11-4 during the Ozark conference finals.**

Special to GUIDON

**T**he Waynesville High School wrestling team was crowned tournament champions, Saturday, by dominating the Ozark Conference Finals.

The Tiger wrestlers continued their attack on the season by clawing their way to the state finals one tournament at a time. Nine high schools within the conference competed in the event, which was hosted by Waynesville High School.

WHS varsity coach Jeff Davis and his coaching staff feel the victory will push the momentum forward going into district finals next weekend.

"It just gets tougher from here. We'll be doing battle with 13 other high schools next week, including the tough-as-nails Neosho team, so our kids have got to take it up a notch if we're going to have some success," Davis said.

Gary Steffensmeier, assistant Tigers coach, agreed with Davis.

"Our boys wrestled well, and they wrestled smart today but they've got to do even better next week," Steffensmeier said.

Twelve Waynesville wrestlers earned a gold, silver or bronze medal by placing first, second or third in the final rounds.

Sophomore Jake Cyr, 103 pounds, sophomore Aaron Morgan, 112 pounds, senior Chase Chavers, 171 pounds,



**Waynesville sophomore Jake Cyr defeats James McNeely, Kickapoo, 15-0 to become the 103-pound weight class champion at the Ozark conference finals, Saturday. Waynesville finished first in the tournament.**

Courtesy photos



**Waynesville senior Andre Taylor defeats Kevin Phelps, Rolla, 5-2 to become the 189-pound weight class champion at the Ozark conference finals.**

and senior Andre Taylor, 189 pounds, each earned a first-place finish and gold medals.

Sophomore Russ Flores, 119 pounds, junior Julian Hutchins, 135 pounds, junior Josh Cyr, 145 pounds, senior Alex

Hempstead, 152 pounds, and senior Jason Ostrowski, heavy-weight, all earned second-place finishes and silver medals.

Sophomore Eric Mateo, 125 pounds, sophomore Sam Dowling, 140 pounds, and



**Waynesville senior Chase Chavers earns the 171-pound weight class title by defeating Trent Freeman, Kickapoo, 6-4 at the Ozark conference finals.**

senior Jason Spaw, 160 pounds, each finished third, earning bronze medals.

Final team placings were Waynesville 331 points, Camdenton 256.5 points, Lebanon 224.5 points,

Kickapoo 211 points, Hillcrest 199 points, Rolla 196.5 points, Joplin 193 points, Parkview 85 points, and Glendale 34 points.

District finals are scheduled for Friday and Saturday at Willard High School.



**Ron Alexander, 58th Trans. Bn. (No. 14) passes the ball to a teammate as Larry Harrington, Marine Det. (No. 8) defends him, Monday, at DFC.**

## Old school hoops

Over 30 basketball league provides competition for experienced players

Story and photos by Luke Waack  
GUIDON Staff

When you think of the over 30 league, think of Michael Jordan toward the end of his career as a professional basketball player; he wasn't throwing down dunks from the free throw line like he did in his 20s, but he still had lots of skill and experience to contribute to the team effort.

Players in the over 30, lunchtime basketball league may be past their Air Jordan days, but they have experience and a strong desire to compete.

See OVER 30 LEAGUE, Page C5



### Athlete of the Week Raymond Smith

Hi, my name is Raymond Smith and I live in St. Robert, MO. I have been chosen as the athlete of the week for playing football. For 3 years I have participated in this activity. I enjoy this sport because of the release it provides from my job and daily duties. In the future I hope to see some of my teammates chosen for this award and to capture the commander's cup in the next couple of weeks. I'd like to thank the rest of my team and my wife Cassie. My other hobbies include playing softball and golf.

**Congratulations Raymond!**

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# Tour of Missouri to return

2008 race to feature stops in Lebanon, Rolla, St. James

GUIDON staff

**J**EFFERSON CITY – The Tour of Missouri professional bicycling race was a hit in 2007 and will return in 2008 with stops in nearby Lebanon, Rolla and St. James, state officials announced, Jan. 30.

Twelve cities have been selected as start or finish sites for the second edition of the Tour, an elite, point-to-point cycling stage race that is scheduled to begin Sept. 8.

Eight of the 2007 Tour host venues will return for this year's edition, including Kansas City, Springfield, St. Charles, and St. Louis, which will each host a stage finish, Clinton and Lebanon which will each host a stage start, and Branson, second-time host of the individual time trial. A pass-through and start city last year in 2008, Jefferson City will host a stage finish with race circuits for the first time.

Joining the Tour of Missouri roster of hosts as a finish city is Rolla, and St. James and Hermann will each participate as a start venue, providing their communities the opportunity to see the exciting buildup to each day's stage race, where racers sign in for the day's stage, give interviews, and sign autographs for the public. St. Joseph, previous host of the 2004 U.S. Olympic Trials for weightlifting, is a new start city.

The race has been extended from six to seven days after a successful inaugural event in 2007, and will showcase some of the state's most beautiful roads and rolling terrain, rich history, and diverse scenery, from the start in St. Joseph, site of the Pony Express, to Kansas City, to the Ozarks, to the burgeoning wine country, culminating with a blockbuster weekend with stops in historic St. Charles and the ultimate finish in St. Louis with the Gateway Arch as a backdrop.



File photo

**Discovery Channel team member John Devine greets fans prior to the start of Stage Four of the inaugural Tour of Missouri, Sept. 14, 2007, in Lebanon.**

"Missouri is a beautiful place to call home, filled with countless natural and historic sites of interest to visitors both near and far," Gov. Matt Blunt said. "Lt. Gov. (Peter) Kinder and I took the initiative to bring this race to our state because we recognized the many benefits it could bring to Missourians and our economy."

The estimated spectator turnout for last year's tour was 367,566 spectators.

"This event proved, in only its first year, to be hugely successful for all involved, most importantly the great host communities of the Tour," said Kinder. "It was very successful for the state, as tourism vehicle. People from 73 countries caught part of the event via live Web casts, and more than 350,000 showed up on roads of the event."

The exact details of route have not been announced, but the stages are scheduled to take place as follows:

□ Stage 1, Monday, Sept. 8, St. Joseph to Kansas City, road race with circuits (90 mi / 144.81 km).

□ Stage 2, Tuesday, Sept. 9, Clinton to Springfield, road race with circuits (125 mi / 201.13 km).

□ Stage 3, Wednesday, Sept. 10, Branson, individual time trials (18 mi / 28.6 km).

□ Stage 4, Thursday, Sept. 11, Lebanon to Rolla, road race with circuits (105 mi /

168.95 km).

□ Stage 5, Friday, Sept. 12, St. James to Jefferson City, road race with circuits (100 mi / 160.9 km).

□ Stage 6, Saturday, Sept. 13, Hermann to St. Charles, road race (110 mi / 177 km).

□ Stage 7, Sunday, Sept. 14, St. Louis, circuit race (75 mi / 120.68 km).

This year's Tour of Missouri will field 120 of the world's top cyclists, many of whom raced in last year's inaugural race and were very happy with the terrain. George Hincapie, the overall winner of the 2007 Tour of Missouri, said he hopes to return for the 2008 race.

"Winning the Tour of Missouri was one of the highlights of my season. I received tremendous support from everyone and the fans along the route were awesome," Hincapie said. "The Tour of Missouri goes through some beautiful countryside, and I hope to return in September."

The Tour of Missouri is sanctioned by the UCI and USA Cycling, the international and national governing bodies for cycling, respectively. It is ranked as a 2.1, second in ranking to only the Tour de Georgia and Amgen Tour of California in North American cycling.

For more information about the Tour of Missouri, visit [www.tourofmissouri.com](http://www.tourofmissouri.com).



**Ron Alexander, 58th Trans. Bn. (No. 14) shoots a 3-point shot over defender Larry Harrington, Marine Det., Monday. The 58th Trans. Bn. won the game, 61-50.**

## Over 30 league

From Page C3

"It gives older players the chance to play competitive basketball," said Danny Howell, Morale Welfare and Recreation Sports Specialist and league organizer.

The over 30 league is in its third year since its re-birth in 2006. The league disbanded in 2004 and 2005, but there is plenty of action these days.

Six teams compete for bragging rights and a trophy, including Air Force Detachment 7, 366th Training Squadron, the Marine Corps Detachment, the 701st Military Police Battalion, the 84th Chemical Battalion, the 58th Transportation Battalion, and the Nooners. The teams are not unit specific, unlike the evening intramural league, so players don't have to be from a certain unit to play on its over 30 team.

"I like the over 30 league because it's very

competitive but it's not as quick as playing with the younger guys," said Ron Alexander, 58th Trans. Bn.

"Being 38, almost 39, I can compete with these guys in the over 30 league. Some of the younger guys can jump out of the gym, and that's too fast for me," Alexander said.

Players in the over 30 league are not limited to playing at lunch; they can play in evening intramural basketball, too. "We have some guys who are 30-plus who can still play and get up and down the court with the younger guys and they play in both leagues," Howell said.

In the over-30 league, Jan. 28, the Nooners beat the 701st MP Bn., 49-35. On Jan. 29, the 701st MP Bn. forfeited to the 84th Chem. Bn. On Jan. 30, the Nooners defeated 58th Trans. Bn. 27-19; and on Jan. 31, the Marine Det. beat the Air Force, 45-24. The 58th Trans. Bn. defeated the Marine Detachment, 61-50, Feb. 4.

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CALENDAR

Thursday	Friday	Saturday/Sunday	Monday	Tuesday	Wednesday
<div><b>7</b> 11:30 a.m. Cardio Sculpt, DFC. ■ 11:30 a.m. Savings and Investing, ACS. ▼ 6 p.m. Adult Swim Lessons, DFC. ■ 6 p.m. World of Work, ACS. ▼</div>	<div><b>8</b> 4:30 p.m. Yoga, DFC. ■ 7- 9p.m. Extreme Bowling, DBC. * 6 p.m. Adult Swim Lessons, DFC. ■</div>	<div><b>9</b> 9 a.m. H2O, DFC. ■ 11 a.m. Women's Self Defense Class, DFC. ■ 6 p.m. The Great American Game Show - Comedy Mystery Murder, AMCC. ♦</div> <div><b>10</b></div>	<div><b>11</b> 9 a.m. H2O, DFC. ■ 9 a.m.- 3 p.m. Army Family Team Building, Level II, ACS. ▼ 10-11 a.m. Play Morning, ACS. ▼ 11:30 a.m. Step, DFC. ■ 4:30 p.m. Beginner Pilates, DFC. ■</div>	<div><b>12</b> 9 a.m. Baby Bundles of Joy, ACS. ▼ 9 a.m.- 3 p.m. Army Family Team Building, Level II, ACS. ▼ 9-10 a.m. Budgeting Class, ACS. ▼ 10-11 a.m. Checkbook Management Class, ACS. ▼ 10 a.m. Organization Skills, ACS. ▼ 10:30 a.m. Toddler story time, BCCL. * 11:30 a.m. Cardio Sculpt, DFC. ■ 6-7 p.m. Budgeting Class, ACS. ▼ 4:30 p.m. Pilates, DFC. ■</div>	<div><b>13</b> 9 a.m. H2O, DFC. ■ 9 a.m.- 3 p.m. Army Family Team Building, Level II, ACS. ▼ 10 a.m. - Noon Tour De Fort, ACS. ▼ 12:30 p.m. Preschool story time, BCCL. * 1-2 p.m. Deployed spouses Support Group, HND. ♦ 4:30 p.m. Muscle Sculpt, DFC. ■ 5:30 p.m. Cardio Intervals, DFC. ■</div>
<div><b>14</b> 9 a.m.- 3 p.m. Army Family Team Building, Level II, ACS. ▼ 11:30 a.m. Cardio Sculpt, DFC. ■ 5:30 p.m. Personal Financial Readiness Class, ACS. ▼ All Day Sweetheart Bowling Bowling, DBC. *</div>	<div><b>15</b> 4:30 p.m. Yoga, DFC. ■ 7- 9p.m. Extreme Bowling, DBC. * 8-10 p.m. Cabin Fever For Sweethearts Pool Party, DFC. ■</div>	<div><b>16</b> 9 a.m. H2O, DFC. ■ 9 a.m. Commander's Cup Swimmeet, DFC. ■</div> <div><b>17</b></div>	<div><b>18</b> President's Day </div>	<div><b>19</b> 9 a.m. Baby Bundles of Joy, ACS. ▼ 9-10 a.m. Budgeting for Baby, ACS. ▼ 10-12 a.m. Problem Solving Skills Class, ACS. ▼ 10:30 a.m. Toddler story time, BCCL. * 11:30 a.m. Cardio Sculpt, DFC. ■ 6-7 p.m. Budgeting Class, ACS. ▼ 4:30 p.m. Pilates, DFC. ■</div>	<div><b>20</b> 8 a.m. Newcomer Briefing, ACS. ▼ 9 a.m. H2O, DFC. ■ 10 a.m. - Noon Tour De Fort, ACS. ▼ 11:30 a.m. Step, DFC. ■ 12:30 p.m. Preschool story time, BCCL. * 4:30 p.m. Muscle Sculpt, DFC. ■</div>

AMCC♦ is Audie Murphy's Community Center — 329.2455. DBC\* is Daugherty Bowling Center — 596.1498. HND♦ is House Next Door — 329.4616.  
PCC▲ is Pershing Community Center — 329.6500. DFC ■ is Davidson Fitness Center — 596.4359. ACS▼ is Army Community Service. BCCL \* is the Bruce C. Clarke Library.

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DIVA DESIGN

# Finding the perfect proportion

By Cheryll Gillespie

Math was certainly never my favorite course in school. In fact, I still suffer from nightmares about physics and calculus exams.

Perhaps, it's because my sister — the math whiz — is hanging out with me in China this week. We are snowed in, and the usually insane traffic is more insane, but I'm busy decorating and reviewing house plans, and it has given me lots of time to reflect on good design principles.

Yesterday, we had a walk through for a group of luxury apartment show-homes we are completing. I had to laugh as we focused mostly on the proportions of everything from handrails to fireplace designs.



Gillespie

You see, I had taught the Chinese design team all about the two-thirds rule several years back when I was working on my first project in Shanghai, and now I have everyone brilliantly trained to look for correct proportions. I may even have them too well trained.

Basic math is the key to good design. Without proper proportion the room will never feel or look right.

The good news is that, for the most part, you only need to remember one measurement — two-thirds. This one fraction will make your room's look and feel perfect, from drapery to window and wall proportions, to the size and space of a fireplace mantel, to the amount of furniture in a room — right down to the amount of accessories on a tabletop.

For example, the drapery panels on the side of the window should be about one-third the width of the window. A



fireplace and mantel should be about a third the size of a wall. The painting or mirror that you hang above the fireplace or the back of the sofa should be

approximately two-thirds the width of the mantel or the sofa. In general, your furniture should occupy two-thirds of the floor space, leaving one-third of

the room vacant for easy traffic flow.

If you are wondering what size your coffee table should be in relation to your sofa, you

guessed correctly if you said approximately two-thirds the width.

You can break the two-thirds rule down further to include flower arrangements as well. For example, a vase should be one-third the height of the total height of the arrangement.

Of course this is just a general guideline to proportions, but it works and can be an easy to follow guideline that should help prevent phrases such as "why doesn't this work?" or "how come this just doesn't look right?"

To help establish this guideline in your decorating mind, flip through a favorite shelter magazine and start to do the math. Take a successful room setting and note all the thirds in use.

Happy calculating. Visit Cheryll online at [www.cheryllgillespie.com](http://www.cheryllgillespie.com).

(Editor's note: Gillespie is a syndicated home fashion columnist.)



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Abrams Reel Time Express

The theater is located in Building 804 on Iowa Avenue. For more information, call 596.1267.  
*(The following information was provided by Abrams Theater and is subject to change.)*

Adult admission: \$4  
Child admission: \$2

Today/Thursday/Friday  
Closed

Saturday  
The Water Horse, 11:30 a.m., rated PG  
One Missed Call, 1:30 p.m., rated R  
Walk Hard: The Dewey Cox Story, 6 p.m., rated R

Sunday  
One Missed Call, 1:30 p.m., rated PG

Monday/Tuesday/Wednesday  
Closed



The Water Horse: Legend of the Deep

Angus, a young Scottish boy, finds an enchanted egg. Taking it home, he soon finds himself face-to-face with an amazing creature: the mythical “water horse” of Scottish lore. Angus begins a journey of discovery, facing his greatest fears and risking his life to protect a secret that would give birth to a legend. Stars Emily Watson, Ben Chaplin, Alex Etel, David Morrissey and Geraldine Brophy. Rated PG for some action/peril, mild language and smoking. Running time: 99 minutes.



One Missed Call

Beth Raymond is traumatized when she witnesses the gruesome deaths of two friends just days apart. Even more disturbing, she knows that both of them had received chilling cell phone messages — actual recordings of their own horrifying last moments. Impossibly, the calls were received days before they died, but each death occurred precisely when and how the messages foretold. Stars Edward Burns and Shannyn Sossamon. Rated PG-13 for violence, frightening images and some sexual material. Running time: 86 minutes.



Walk Hard: The Dewey Cox Story

America loves larger-than-life musician and songwriter Dewey Cox. But behind the music is the up-and-down-and-up-again story of a musician whose songs would change a nation. On his rock ‘n roll spiral, Cox sleeps with 411 women, marries three times, has 22 kids and 14 stepkids, stars in his own ‘70s TV show, collects friends ranging from Elvis to the Beatles to a chimp, and gets addicted to — and then kicks — every drug known to man. But despite it all, Cox grows into a national icon and eventually earns the love of a good woman — longtime backup singer Darlene. Stars John C. Reilly, Jenna Fischer, Kristen Wiig and Tim Meadows. Rated R for sexual content, graphic nudity, drug use and language. Running time: 96 minutes.

PAID-ADVERTISING



# Guidon

# Business

# Spotlight

Thrift Store

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5 Mi. N. of Waynesville on Hwy. 17  
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10:00am-3:30pm  
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DONATIONS ACCEPTED  
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Hobbies

**THE CRAFT BOX**  
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NIGHTLIFE

**MORELLI HEIGHTS BAR AND GRILL\***  
(off Nebraska Ave.) In the heart of the Morelli Heights Complex  
Tuesday-Saturday 6 p.m. to 10 p.m.  
Happy Hour: Tues - Sat 6 p.m. - 8 p.m. Enjoy up to 50% off food and drinks. \$1 Domestic Draft.

**BLACKJACK LOUNGE\***  
In the Pershing Community Center  
Tues - Thurs - 4:30 p.m. - 10 p.m.  
Friday - 4:30p.m. - 1a.m.  
Saturday 6 p.m. - 10 p.m.  
Grill - open until 9pm  
Happy Hour  
Tues - Fri 5:30 p.m. 7:30 p.m.  
Sat - 6 p.m. - 8 p.m.  
Upto 50% off &  
\$1 Domestic Draft

DINING OUT

**PERSHING COMMUNITY CENTER\***  
Bldg. 4109 Piney Hills Dr.  
(573) 329-6500  
BlackJack Lounge - Casual Dining  
Tues-Fri 4:30 p.m.- 9 p.m.  
Sat. - 6 p.m. - 9 p.m.  
Happy Hour  
Tues - Fri 5:30 p.m. 7:30 p.m.  
Sat - 6 p.m. - 8 p.m.

RECREATION

**STRIKE ZONE AT DAUGHERTY BOWLING CENTER\***  
Bldg. 1609 S. Dakota Ave.  
(573) 596-1498  
Serving Lunch & Dinner 7 Days a Week! Opens daily at 11am!!

Fort Wood Fun

**SPORTSMEN'S CENTER**  
Bldg. 2282 Sportsmen Center Drive  
(573) 596-4223  
Open 7 days a week • 10am-6pm

**PINEY VALLEY GOLF COURSE**  
FLW20 (Water Intake Road)  
(573) 329-4770  
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Course open year round  
Tuesday - Sunday 7 a.m. - Dusk

**DAUGHERTY BOWLING CENTER\***  
Bldg. 1609 S. Dakota Ave.  
(573) 596-1498  
Sunday: Thursday 11am – 10pm\*  
Friday & Saturday: 11am – 12am\*\*  
Serving lunch & dinner  
\*Summer hours close at 9pm  
\*\*Xtreme Bowl 1-pm – Midnight

Business Spotlight

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(1:40) 4:05 6:55 9:20

✓WELCOME HOME ROSCOE JENKINS PG13  
(1:25) 3:55 7:05 9:40

THE EYE PG-13  
(2:00) 4:10 7:15 9:25

RAMBO R  
(1:50) 4:20 7:10 9:30

UNTRACEABLE R  
(2:00) 4:25 7:00 9:25

CLOVERFIELD PG13  
(7:30) 9:40

27 DRESSES PG13  
(1:30) 4:00 6:50 9:15

BUCKET LIST PG13  
(2:15) 4:30 7:20 9:35

ALVIN & THE CHIPMUNKS PG  
(2:00) 4:10

✓ - Denotes NO passes will be accepted.  
(-) Denotes Saturday & Sunday times only.